



THE SECRET TO CONTENTMENT  
PASTOR MATT SCOBELL

**Contentment:** a state of joy and satisfaction

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- More Fame
- More Approval
- More Success
- More Power
- More Sex
- More Promotions
- More Money

For where you **have envy and selfish ambition**, there you find disorder and **every** evil practice." *James 3:16*

For as he thinketh in his heart, so is he. *Proverbs 23:7*

- I want...
- It's not fair that I...
- I am entitled to...
- If I just had...

Then I observed that **most people** are motivated to success because they **envy** their neighbors. But this, too, is meaningless—like **chasing the wind**. "Fools **fold their idle hands**, leading them to ruin." And yet, "Better to have one handful with **quietness** than two handfuls with hard work and **chasing the wind**." *Ecclesiastes 4:4-6*

**Thought #1:** "That's just chasing the wind."

I observed yet another example of something meaningless under the sun. This is the case of a man who is all alone, without a child or a brother, yet who works hard to gain as much wealth as he can. But then he asks himself, "**Who am I working for?** Why am I giving up so much pleasure now?" It is all so meaningless and depressing. *Ecclesiastes 4:7-8*

The \_\_\_\_\_ and \_\_\_\_\_ of our lives are always tied back to \_\_\_\_\_ else.

**Thought #2:** "Who am I working for?"

*"The value of a life is always measured by how much of it is given away."*  
Andy Stanley

the secret to contentment -> \_\_\_\_\_  
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Who are you going to give your life away to?



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More  
meaning, value, someone  
give your life away